

SENIORS EDITION

PASSWORD TIPS

Make strong passwords by stringing several words together in a phrase that is easy for you to remember. Passphrases are significantly stronger than an individual password.

- -Make it a phrase- the longer the better!
- -8 character minimum with no repetitive or sequential characters.
- -No commonly used passwords and no context-specific words.





Don't forget to use passwords at lock screens on all mobile devices and computers! This means laptops, phones, tablets, or anywhere that you have the option to use a password.

TWO-FACTOR

Do you see an option for "Two-Factor Authentication" or "Multifactor Authentication" in your accounts? Use this additional protection! When you log into an account such as your bank, you'll receive a code to your phone after inputting your password. Simply input that code into the website, and you're in!

PASSWORD VAULT

Use a reputable password vault company to securely store your passwords for you. When you go onto your accounts like banking or shopping, your username and password fields will be filled in for you after you begin using the vault. Thus, you don't have to remember your login information. You simply will have a single master password to remember. This password needs to be very long and secure. Important - you cannot forget this master password as it is your key to get into the vault.







